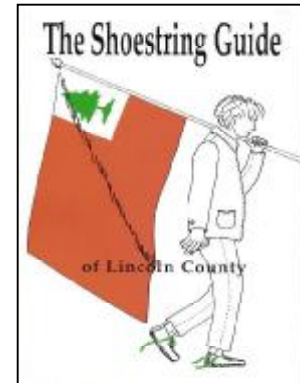




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Family Fun on a Shoestring

Damariscotta, ME – November 29, 2007 – Curious about where the best ice skating ponds are? Want to do fun, local, and inexpensive day adventures with your family, but just don't know what all is available? Answers to these questions and more can be found in a unique paperback book of activities to do in Lincoln County called *The Shoestring Guide*. This 133-page handy reference focuses on the sights to see and special places to explore that cost little to nothing to enjoy. It lists 225 family destination sites across Lincoln County, including public boat landings, swimming holes, alewife run viewing spots, freshwater springs, libraries, museums and art galleries, picnic areas, playgrounds, historic sites, and bicycling routes. The guide covers from Alna, Boothbay, Damariscotta, New Harbor, Waldoboro, Wiscasset, to Whitefield and points in between. Lots of little known local historical facts as well as a simple pull-out county road map are included.

The Shoestring Guide was compiled by a team of Pemaquid Watershed Association members under the leadership of Alexandra Jansen of Round Pond, ME. This easy-to-use book is an invitation for you to gather your children and set off down a country road with a picnic, or to stop the car and explore a bit before driving on to whatever you 'had to do'. Memories are made forever of these small journeys and stolen moments together. This book is a fun resource that will inevitably lead you to interesting places that you were unaware of or have overlooked. Read, follow, and explore hundreds of special indoor and outdoor sites nestled in the 700 square miles that is Lincoln county.

This useful guide is a perfect gift for someone new to the area, for seniors, or for parents and children looking for affordable ways to spend quality time together. *The Shoestring Guide* is available for only \$10.00 from the Pemaquid Watershed Association, located at 15 Courtyard Street in Damariscotta (entry at side of Salt Bay Café). It also can be ordered and shipped by calling 207-563-2196 or by visiting www.pemaquidwatershed.org for an order form. Shipping charges will be added as applicable.

All proceeds from the sale of this book benefit the Pemaquid Watershed Association, a volunteer-based, membership-supported non-profit organization whose mission is to conserve the natural resources of the Pemaquid peninsula through land and water stewardship and education.